

Joy For Christmas  
Made by Sally Ablett  
Size of table runner 13" x 39"  
Size of mats 9" x 13"

All the Fabrics for this table setting are from Fabric Freedom

Requirements - for table runner and 4 mats

1. Red peonies in black squares F375 col.1 - 3 rows
2. Red peonies on gold ground F377 col.1 - Fat 1/8
3. Gold snowflakes on cream shadow F372 col.2 - Fat 1/4
4. Green holly and red bows on black F378 col.2 - Fat 1/4
5. Gold holly on red ground F379 col.6 - Fat 1/4
6. Large red peonies and green leaves F376 col.1 - Fat 1/4
7. Cream from the Reflections range F1222 col.31 - Fat 1/4
8. Bright red from the Misty range F1200 col.29 - 40cm (1/2 yard ) for the binding

Wadding and backing 1/2 m

Thread - Mako Aurifil. 738 - Gold .

### Cutting

From fabric 1.

13 x 3 1/2" x 3 1/2" squares for the table runner

16 x 3 1/2" x 3 1/2" squares for the mats

From fabric 2.

4 x 3 1/2" x 3 1/2" squares for the table runner

4 x 3 1/2" x 3 1/2" squares for the mats

From fabric 3.

4 x 4 1/4" x 4 1/4" squares, cut in half diagonally twice for the table runner

4 x 4 1/4" x 4 1/4" squares, cut in half diagonally twice for the mats

From fabric 4.

8 x 4 1/4" x 4 1/4" squares, cut in half diagonally twice for the table runner

8 x 4 1/4" x 4 1/4" squares, cut in half diagonally twice for the mats

From fabric 5.

4 x 4 1/4" x 4 1/4" squares, cut in half diagonally twice, for the table runner

4 x 4 1/4" x 4 1/4" squares, cut in half diagonally twice, for the mats

From fabric 6

6 x 3 7/8" x 3 7/8" squares, cut in half diagonally once for the table runner

6 x 4 1/4" x 4 1/4" squares, cut in half diagonally twice for the mats

From fabric 7

6 x 3 1/2" x 3 1/2" squares, for the table runner

24 x 2 3/8" x 2 3/8" squares, for the mats

## Table runner

This is made up of three blocks and four triangles, one block is repeated twice and all four of the triangles are the same.

Lay out all of your fabrics for the blocks as in diagram 1 and diagram 2. Join the triangles together in pairs, pressing as you go. Sew the pairs together to make squares and then lay out all of your square pieces and sew together in rows. Press and sew the rows together to make a block.

Do this for all three blocks.

Now you will need to make up the triangles. You have a left and right triangle, so lay out two of each as in diagram 3. Start by joining your triangles together in pairs and then joining your pairs together to make squares, remembering to press as you go. The triangles are joined together diagonally, so join the pieces together in rows and then join the rows together to complete the triangle pieces. Press.

Your blocks are also joined together diagonally, so once your triangle pieces are completed lay out all of your blocks and join them together, working from the top into a group of two, a group of three and a group of two. Join these rows together to complete the top layer.

Sandwich together the top layer, wadding and the backing. Quilt by hand or machine.

Make up binding using fabric 8 and attach this to the runner to complete.

## Table mats.

Lay out the fabric for your block. Start by joining the triangles together in pairs and press.

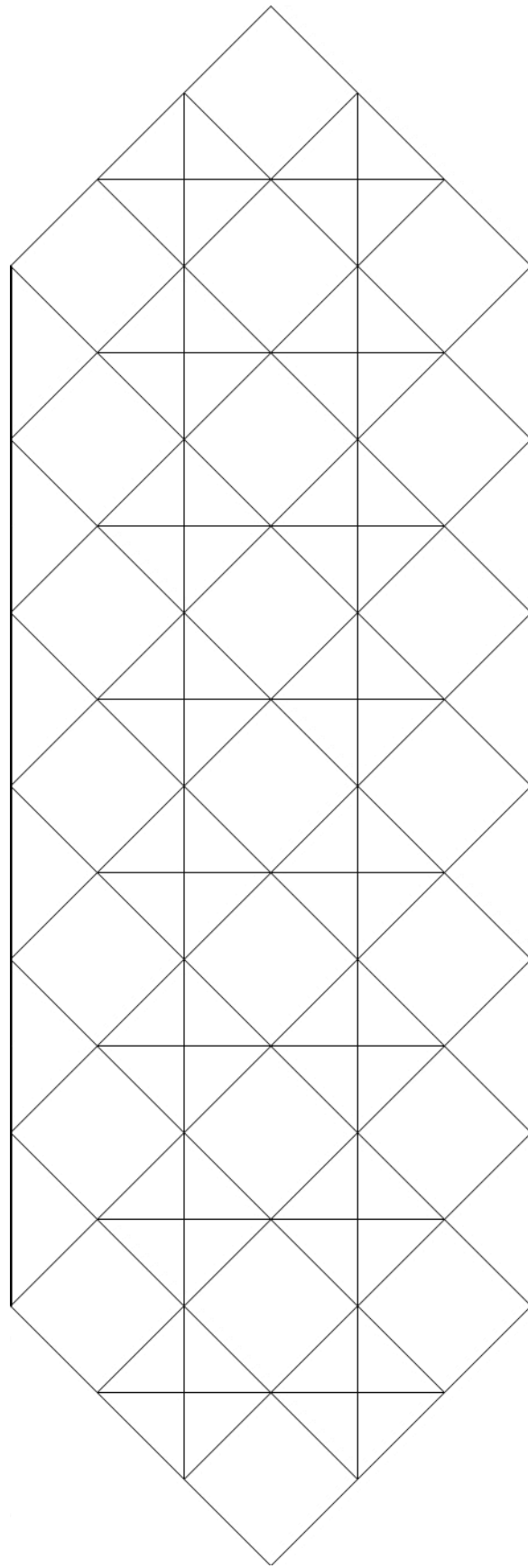
Now sew the pairs of triangles together to make squares. Once you have made up all the squares, sew together in rows and then sew the rows together to complete the block.

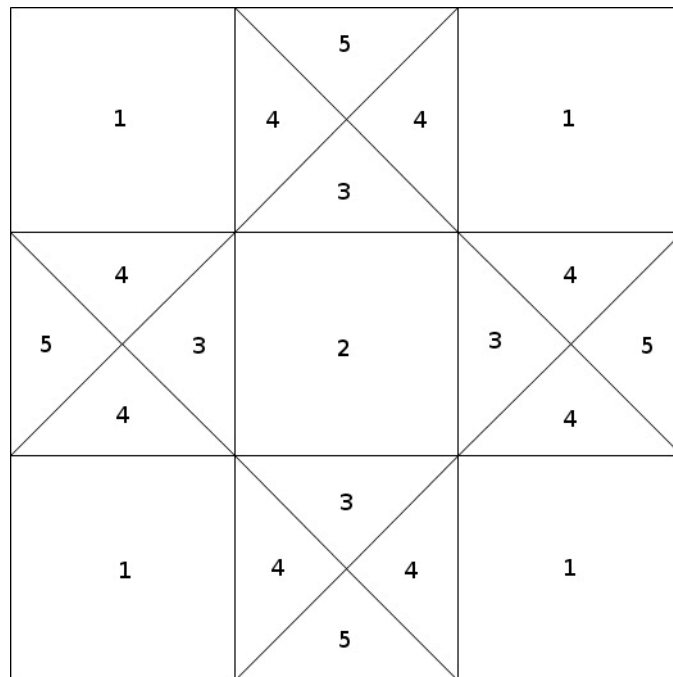
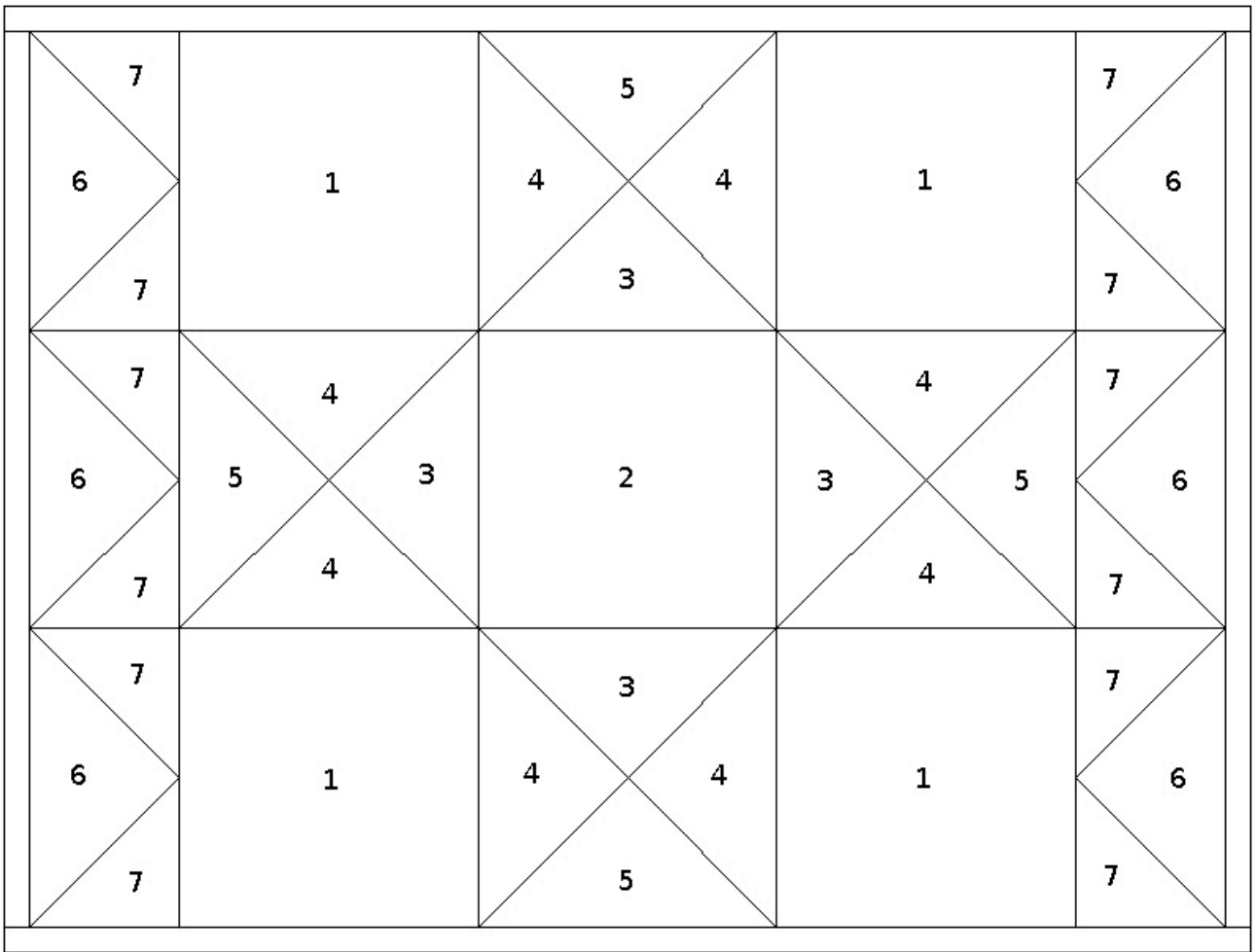
Press as you go. Now make up the side pieces. Sew your small triangles to the larger triangles, first one side and then the other. Sew these together into a row of 3 pieces and then attach this to either side of the block.

Make up four of these in total.

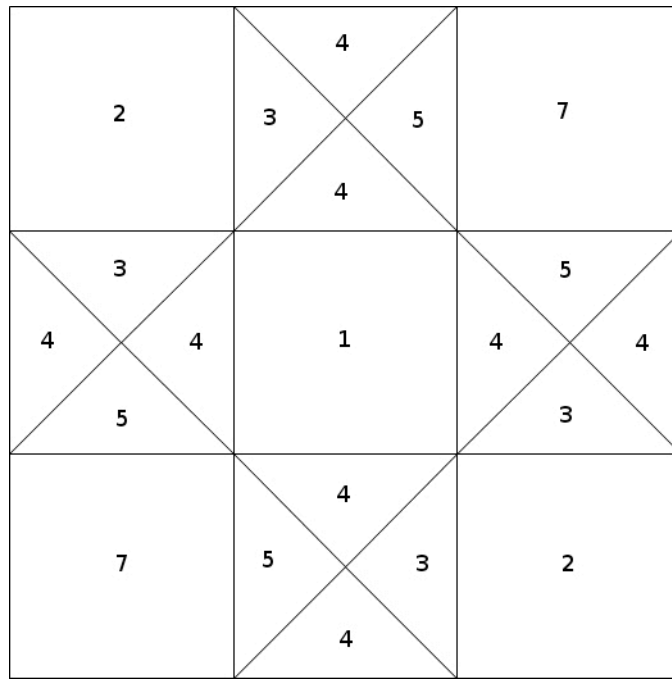
Sandwich together the tops, wadding and backings. Quilt by machine or hand using a gold thread.

Make up binding using fabric 8 and attach this to the runner to complete.

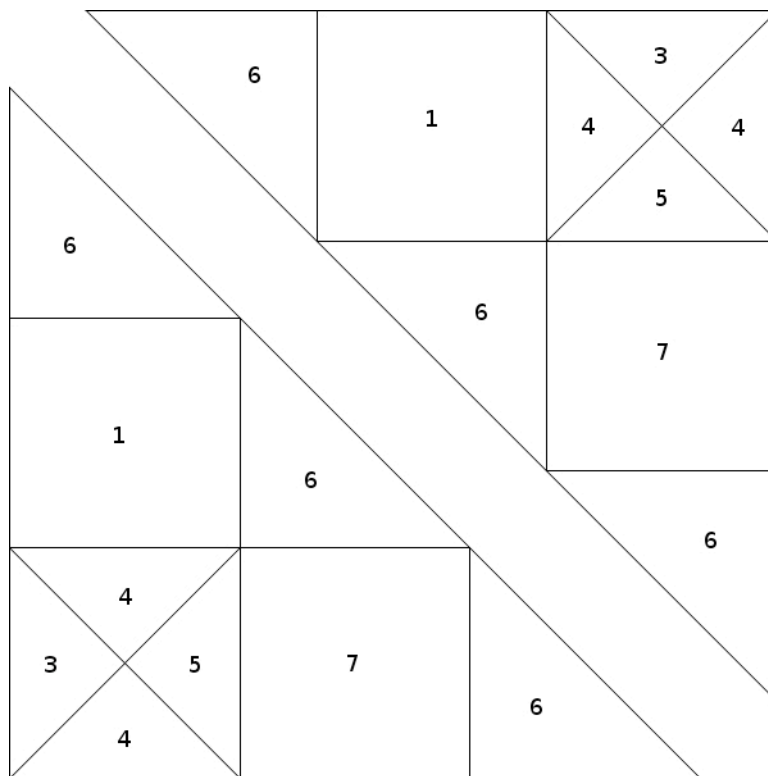




*Diagram 1*



*diagram 2*



*diagram 3*