



Old Rose Runner

Designed and Made

By Sally Ablett

Size 16½" x 41½"

Fabrics are from William Morris and Perfect Palette by Fabric Freedom

Please read through all the instructions before you begin.

Requirements

1. Blue and old rose leaves on cream F751 col.4 - ⅓yard - 40cm
 2. Beige honeysuckle on black F752 col.4 - long¼
 3. Large William Morris on black F755 col.4 - long¼
 4. Small old rose and blue leaves on black F754 col.4 - long¼
 5. Small flowers and blue leaves on cream F753 col.4 - long¼
 6. Tonal old rose floral F750 col.1 - ⅓yard - 40cm
 7. Cream Perfect Palette H50 col.20 - long¼
- Template plastic
Wadding and backing 20" x 45"

Cutting * see below for angle cut diagrams

From fabric 1 cut

- 2 x 1½" x 16¾" strips.
- 2 x 1½" x 40⅛" strips.
- 6 x 3⅛" x 3⅛" squares, cut in half diagonally once.

From fabric 2 cut

- 3 x 5¾" x 5¾" squares, cut in half diagonally twice.

From fabric 3 cut

- 2 x 5⅜" x 5⅜" squares, cut in half diagonally once.
- 1 x 5¾" x 5¾" squares, cut in half diagonally twice.

From fabric 4 cut

4 x 2⅛" x 13⅞" strips, cut 45° angles from top right and left corners.

- 2 x 2⅛" x 7¼" strips, cut a 45° from the top right corner.
- 2 x 2⅛" x 7¼" strips, cut a 45° from the top left corner.

From fabric 5 cut

6 x $3\frac{1}{8}$ " x $3\frac{1}{8}$ " squares, cut in half diagonally once.

4 x $2\frac{1}{8}$ " x $10\frac{3}{4}$ " strips, cut 45° angles from top right and left corners.

2 x $2\frac{1}{8}$ " x $5\frac{5}{8}$ " strips, cut a 45° from the top right corner.

2 x $2\frac{1}{8}$ " x $5\frac{5}{8}$ " strips, cut a 45° from the top left corner.

From fabric 6 cut

6 x $2\frac{3}{4}$ " x $2\frac{3}{4}$ " squares.

2 x $1\frac{1}{4}$ " x $14\frac{3}{4}$ " strips.

2 x $1\frac{1}{4}$ " x $38\frac{5}{8}$ " strips.

From fabric 7 cut

22 x $3\frac{1}{8}$ " x $3\frac{1}{8}$ " squares, cut in half diagonally once.



cut 45° angles from top right and left corners.



cut a 45° angle from the top right corner.



cut a 45° angle from the top left corner.

Sewing

Remember to press each seam after sewing to achieve the best finish to your work.

1. The runner is made up of four corner triangles, four inset triangles and three blocks.
2. Lay out all of the pieces required to make the corner triangles, the side inset triangles and the blocks, referring to the picture as a guide when necessary.
3. Begin with the corner triangles and stitch the three pieces from fabrics 4, 5 and 3 in sequence to make a large triangle, make all four in the same way.
4. The side inset triangles follow the same fabric sequence as the corner triangles and are made in the same way, make four.
5. The block is made up from four squares, opposite squares are the same, lay out all of the pieces required for each square.
 - a. Stitch a triangle of fabric 1 and fabric 5 together to make a square, stitch this square to the square from fabric 3. Stitch the long side of a triangle from fabric 7 and fabric 5 to the short sides of the triangle from fabric 2. You will now have two rectangles, stitch them together to make a square. Make another in the same way.
 - b. Now stitch a triangle from fabric 1 to a triangle from fabric 7 to make a square, stitch this to a square from fabric 6. Stitch the long sides of two triangles from fabric 7 to the short sides of a

triangle from fabric 2, again you will now have two rectangles, stitch them together to make a square and make another in the same way.

6. Stitch the four squares together using the picture as a guide for placement. This completes the block, make another two in the same way.
7. Stitch the sections of the runner as follows, working diagonally from top left to bottom right.
 - a. Corner triangle > block > inset triangle
 - b. Inset triangle > block > inset triangle
 - c. Inset triangle > block > corner triangle
8. Stitch these three sections together and add the two remaining corner triangles.
9. Add the inner border using fabric 6, stitching the side pieces first and then the top and bottom pieces.
10. Now add the outer border using fabric 1 and again stitching the sides first and then the top and bottom.
11. Layer together the top, wadding and backing fabric and pin or baste in place, quilt by hand or machine.
12. Finally add the binding using fabric 6.

