

# Fabric Freedom Reflections

Made by Sally Ablett

Size 48" x 48"

Block 10" x 10"

## REQUIREMENTS

Black fabric 2½m.

From the Reflections fabric range

1. Lemon col.11 - Fat ⅛
2. Gold col.2 - Fat ⅛
3. Orange col.3 - Fat ⅛
4. Blood orange col.4 - Fat ⅛
5. Red col.27 - Fat ⅛
6. Magenta col.26 - Fat ⅛
7. Mottled pink col.6 - Fat ⅛
8. Mottled purple col.7 - Fat ⅛
9. Royal col.23 - Fat ⅛
10. Aqua blue col.16 - Fat ¼
11. Pale blue col.17 - 40cm
12. Turquoise col.29 - 40cm
13. Sea blue col.14 - 40cm
14. Blue/Green col.18 - Fat ¼
15. Mid green col.30 - Fat ¼
16. Viridian col.13 - Fat ⅛

For the border a Fat ⅛ of the following fabrics,

Cream col.31, Moss col.8, Beige col.1, Brown col.24, Deep purple col.15, Mottled black col.21, Navy col.22, Green col.10, Mottled green col.9.

Wadding and Backing 54" x 54"

## CUTTING

### Border

- |               |                 |
|---------------|-----------------|
| Cream         | - 4x 1½" x 2½". |
| Beige         | - 4x 1½" x 3½". |
| Red           | - 4x 1½" x 4½". |
| Moss          | - 4x 1½" x 3½". |
| Mottled green | - 4x 1½" x 6½". |
| Green         | - 4x 1½" x 5½". |
| Deep purple   | - 4x 1½" x 4½". |
| Navy          | - 4x 1½" x 3½". |
| Mottled black | - 4x 1½" x 2½". |

From the black fabric

4 x 1½" x 34½"

2 x 2½" x 40½"

2 x 2½" x 44½"

4 x 2½" x 5½"

4 x 2½" x 7½"

### **MAKING**

The method used for making this quilt is paper foundation piecing.

Each block is made up of 5 strips, these strip are then joined together to complete the block.

#### **Main section**

1. Start by making 5 paper pattern strips, as shown in diagram 3. Remember to add a ¼" border around the edge for a seam allowance.

For each row, alternate the direction you are working in. This is to prevent all of your seams ending up facing in the same direction.

2. Now make up each of the strips, using the numbers in diagram 3 as a guide, taking care and making sure that you are using the correct coloured fabric.

In total, you need 16 blocks.

The middle 4 blocks use coloured fabric numbers 1 to 8 from the requirements list.

The 12 outer blocks are made using the coloured fabrics numbered 9 to 16 from the requirements list.

The shaded triangles shown in diagram 3, should always be from the plain black fabric.

3. Join the strips together to form a block.

4. Repeat the above until you have made up all 16 blocks, again, taking care to make sure you are using the correct fabric colours for each block.

5. Once you have completed all of the blocks, lay them out as in the main diagram.

6. Stitch the blocks together in rows, then join the rows together to complete the main section of the quilt.

#### **Border**

Taking your border fabrics, join them as shown in the main diagram.

Working left to right.

Take your 2" of Cream fabric,

add the 3" strip of Beige fabric,

add the 4" strip of Brown fabric,

add the 5" strip of Moss fabric,

add 6" strip of Mottled green fabric,

add 5" strip of Green fabric,

add 4" strip of Deep purple fabric,  
add 3" strip of Navy fabric,  
add 2" strip of Mottled black fabric.  
Once completed, join a  $34\frac{1}{2}$ " x  $1\frac{1}{2}$ " black strip to the side, to form a  $34\frac{1}{2}$ " x  $2\frac{1}{2}$ " strip.  
You should make 4 of these in total.

Take two of the strips and join a  $2\frac{1}{2}$ " x  $5\frac{1}{2}$ " black strip to each end.  
Take the remaining two and add a  $2\frac{1}{2}$ " x  $7\frac{1}{2}$ " black strip to each end.

You are now ready to assemble the top layer of the quilt.

First add the inner border.

Take the main section of the quilt and sew a  $40\frac{1}{2}$ " x  $2\frac{1}{2}$ " strip to opposite sides, then complete the inner border by adding the top and bottom  $44\frac{1}{2}$ " x  $2\frac{1}{2}$ " strips. You will have to join to get the length, it's a good idea to try and get the join at least 6" in, if the join is left at the width of the fabric it will be too close to the edge.

Now add the shorter strips of the outer border to opposite sides.

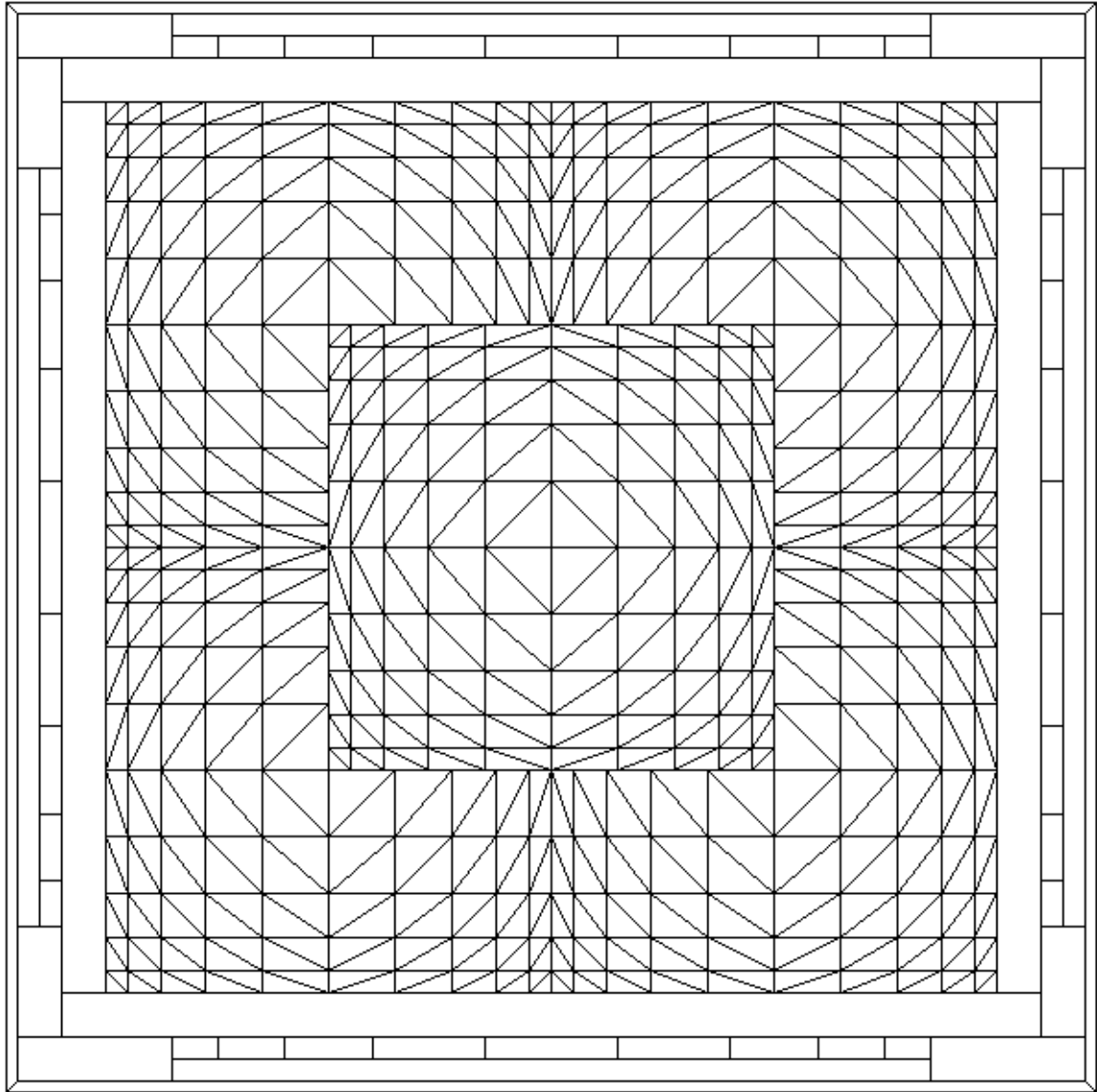
Complete the top layer by adding the outer border strips to the top and bottom.

Sandwich together Top layer, Wadding and Backing.

Machine quilt using threads mimicking the colours of the quilt.

Make binding from the remaining pieces of black fabric and use to bind the quilt.

The Quilt is now complete.



*Diagram 1.*

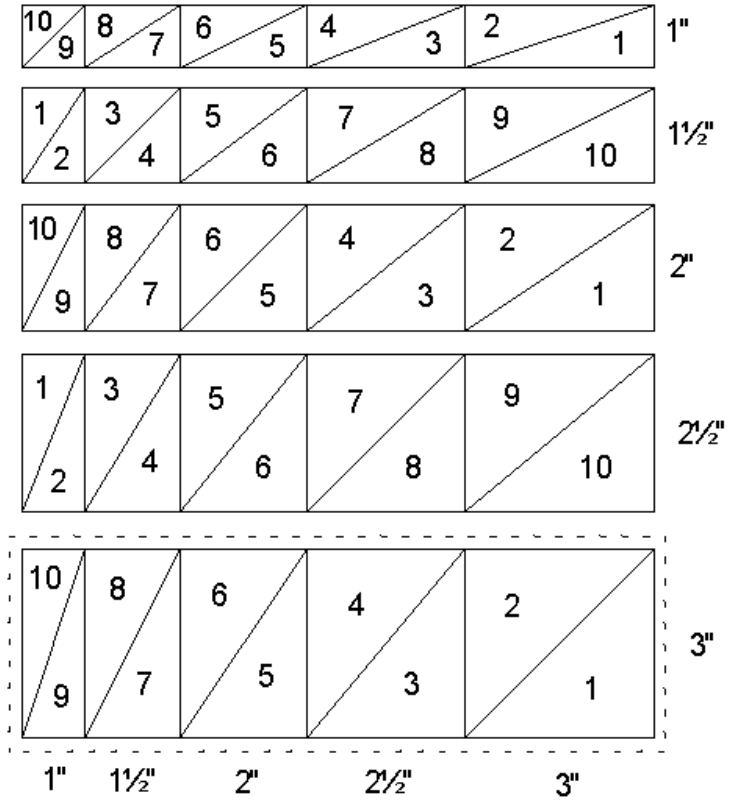


Diagram 2.

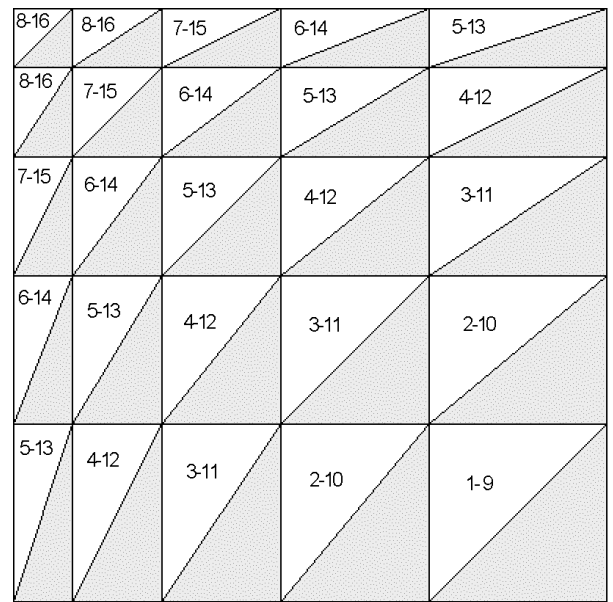


Diagram 3.