

Fabric Freedom Strawberry Delight

16" x 54" Table Runner

12" x 16" Mats

Made by Sally Ablett

Requirements

1. Large squares on cream F221 col 1 - 1 row.
2. Strawberries on black F222 col 2 - 40 cm.
3. Small strawberries on cream F223 col 1 - fat 1/8
4. Small carnations on cream F225 col 1 - fat 1/8
5. Small carnations on black F225 col 2 - 1/2m.
6. Lonal green leaves F226 col 6 - long 1/4.
7. Cream strawberry stripe F227 col 1 - long 1/4.
8. Large carnations on black F224 col 2 - long 1/4.
9. Green from Cream Crackers F209 col 8 - 1/2m

Wadding and Backing
20" x 60" for Table Runner
4 x 16" x 20" for Mats

Thread
Aurifil threadcount 40
2255 Red
2843 Light green

Cutting

1. 4 x 6½" x 6½" squares
2. 32 x 3⅞" x 3⅞" squares, cut in half diagonally once
3. 8 x 2½" x 4½" rectangles
4. 8 x 2½" x 4½" rectangles
5. 4 x 2½" x 2½" squares
6. 16 x 3⅞" x 3⅞" squares, cut in half diagonally once
4 x 2½" x 2½" squares
7. 9 x 2½" x 6½" strips
18 x 2½" x 3½" rectangles
8. 9 x 2½" x 6½" strips
18 x 2½" x 3½" rectangles
9. 8 x 7¼" x 7¼" squares, cut in half diagonally twice
32 x 3⅞" x 3⅞" squares, cut in half diagonally once.

Making up Table runner

Start by making up the 4 blocks. Lay out all of the fabric pieces ready to be sewn. Take one of your strips of fabric 4, and place the long edge against the right hand side of the centre square, lining up the bottom edges. Sew from the middle of the square to the bottom edge in order to make a partial seam, finger press back. Take another of the strips and place it along the edge you've just sewn making sure it is lined up correctly, now sew the entire length of the edge. Repeat this process two more times, and then finish off the partial seam you made earlier.

Now join together the triangles of fabric 2 to the large triangles of fabric 9, this will form a rectangle, remember to press back each time. Next join together the triangles of fabric 6 to the remaining triangles of fabric 9 to make squares, pressing back each time.

Lay out all of the pieces for the block again. Join the pieces together in rows, press and then join the rows together to complete the block.

Repeat this process to make up all four blocks and then join the blocks together in a row, pressing back each time.

Refer to the main diagram and lay out the border pieces around the edge of the blocks. The border is made from fabrics 7 & 8, the colour scheme is alternating the entire way around with green squares of fabric 6 used in the corners. Begin at the top of the long side with a 2½" x 3½" piece of fabric 7. Once all of the pieces have been laid out and placed correctly you are ready to join them together. Start by assembling the left and right hand border strips, pressing back between each join until complete, then add the border to the runner. Assemble the top and bottom border strips, remembering to add a green square to each end and pressing back between each join. Complete the top layer of the runner by sewing the top and bottom borders to the main panel and pressing back.

Sandwich together the top layer, wadding and backing and then quilt echoing the block and fabric designs. Bind the runner using fabric 5.

Mats

Lay out all of your fabric pieces as shown in the diagram. Join together the triangles of fabric 2 to the large triangles of fabric 9 in order to form a rectangle. Then join together the triangles of fabric 6 to the small triangles of fabric 9, to form squares. Join the pieces together in rows and then join the rows together to complete the block.

The border strips are made up from fabric 7 & 8. Two of the mats will have fabric 7 in the corners and fabric 8 in the middle, the other two will be the reverse of this. Once made up sew to opposite sides of each mat and press back.

Sandwich together the top layer, wadding and backing on all 4 mats and quilt as before. Add binding made from fabric 5.

Using the large carnations on a cream ground you may wish to make some table napkins. Use a 12½" square and turn in ¼" all around the edge and stitch into place.



