



## Sweet Dreams.

Made by Sally Ablett

Size 34" x 44"

Fabric is from Sweet Dreams by Fabric Freedom

### Requirements.

|   |                               |
|---|-------------------------------|
| Fabric 1 – Sweet Dreams squares F437 col.1            | - 3 panels                    |
| Fabric 2 – Pink daisies F439 col.1                    | - Fat $\frac{1}{4}$           |
| Fabric 3 – Pink blossoms on cream F441 col.1          | - Fat $\frac{1}{4}$           |
| Fabric 4 – Close pink blossoms F440 col.1             | - Fat $\frac{1}{4}$           |
| Fabric 5 – Mixed pink floral F442 col.1               | - Fat $\frac{1}{4}$           |
| Fabric 6 – Pink clouds F438 col.2                     | - Fat $\frac{1}{8}$           |
| Fabric 7 – Blue clouds F438 col.1                     | - Fat $\frac{1}{8}$           |
| Fabric 8 – Pink from Cream Crackers F209 col.1        | - 60cm ( $\frac{2}{3}$ yard ) |
| Fabric 9 – Dusky Pink from Perfect Palette H50 col.45 | - 70cm ( $\frac{3}{4}$ yard ) |
| Wadding and backing 38" x 48"                         |                               |

### Threads

Aurifil Mako

2479 - pink

3660 - blue

2021 - white

Bondaweb  $\frac{1}{4}$  m

### Cutting.

From fabric 1

3 x 8" x 8" squares

From fabric 2

22 x 2 $\frac{1}{2}$ " x 2 $\frac{1}{2}$ " squares

2 x 3 $\frac{7}{8}$ " x 3 $\frac{7}{8}$ " squares, cut in half diagonally once

From fabric 3

22 x 2 $\frac{1}{2}$ " x 2 $\frac{1}{2}$ " squares

4 x 1 $\frac{1}{2}$ " x 3 $\frac{1}{2}$ " rectangles

From fabric 4

5 x 3<sup>3</sup>/<sub>4</sub>" x 3<sup>3</sup>/<sub>4</sub>" squares, cut in half diagonally once  
7 hearts

From fabric 5

5 x 3<sup>3</sup>/<sub>4</sub>" x 3<sup>3</sup>/<sub>4</sub>" squares, cut in half diagonally once  
7 hearts

From fabric 6

4 x 1<sup>1</sup>/<sub>4</sub>" x 8" strips  
4 x 1<sup>1</sup>/<sub>4</sub>" x 9<sup>1</sup>/<sub>2</sub>" strips  
8 x 1<sup>1</sup>/<sub>2</sub>" x 3<sup>1</sup>/<sub>2</sub>" rectangles

From fabric 7

2 x 1<sup>1</sup>/<sub>4</sub>" x 8" strips  
4 x 1<sup>1</sup>/<sub>4</sub>" x 9<sup>1</sup>/<sub>2</sub>" strips  
8 x 1<sup>1</sup>/<sub>2</sub>" x 3<sup>1</sup>/<sub>2</sub>" rectangles  
2 x 3<sup>1</sup>/<sub>2</sub>" x 3<sup>1</sup>/<sub>2</sub>" squares

From fabric 8

20 x 2<sup>7</sup>/<sub>8</sub>" x 2<sup>7</sup>/<sub>8</sub>" squares, cut in half diagonally once  
4 x 3<sup>7</sup>/<sub>8</sub>" x 3<sup>7</sup>/<sub>8</sub>" squares, cut in half diagonally once  
2 x 4<sup>1</sup>/<sub>2</sub>" x 19<sup>1</sup>/<sub>2</sub>" strips  
1 x 4<sup>1</sup>/<sub>2</sub>" x 29<sup>1</sup>/<sub>2</sub>" strip  
1 x 4<sup>1</sup>/<sub>2</sub>" x 40<sup>1</sup>/<sub>2</sub>" strip  
8 x 1<sup>1</sup>/<sub>2</sub>" x 3<sup>1</sup>/<sub>2</sub>" rectangles

From fabric 9

17 x 1<sup>1</sup>/<sub>2</sub>" x 4<sup>1</sup>/<sub>2</sub>" rectangles  
5 x 1<sup>1</sup>/<sub>2</sub>" x 9<sup>1</sup>/<sub>2</sub>" strips  
2 x 1<sup>1</sup>/<sub>2</sub>" x 14<sup>1</sup>/<sub>2</sub>" strips  
2 x 1<sup>1</sup>/<sub>2</sub>" x 20<sup>1</sup>/<sub>2</sub>" strips  
2 x 1<sup>1</sup>/<sub>2</sub>" x 24<sup>1</sup>/<sub>2</sub>" strips  
2 x 1<sup>1</sup>/<sub>2</sub>" x 29<sup>1</sup>/<sub>2</sub>" strips  
2 x 1<sup>1</sup>/<sub>2</sub>" x 36<sup>1</sup>/<sub>2</sub>" strips

Making up the blocks.

### **Block 1.**

Lay out all of the pieces for the block. Add the short strips of fabric 7 to the top and the bottom of fabric 1 and press back. Next add the two side strips of fabric 7 and press back.

For the other two blocks you will use fabric 6. Make the block up the same as before. You will make 3 blocks in total.

### **Block 2.**

Lay out the colours for each of the blocks. For one block you will use fabrics 4, 5, 6, 7 and 8 and the other block you will use fabrics 2, 3, 6, 7 and 8. Sew the three strips together to make a square. Now sew the triangles together to make a square, remembering to press as you go.

You should make 2 blocks in total.

### **Block 3.**

Lay out the pieces of fabrics 2 and 3 and sew the squares together. Press and then sew the rectangles together. You should end up with Fabric 2 in the top left hand corner and bottom right. Press.

You need to make 11 blocks in total.

### **Block 4.**

Lay out all of the fabric pieces. Take the small triangles of fabric 8 and sew them to your larger triangles of fabrics 4 and 5. First sew one side and press back and then sew the other side, again press back. When you have made up all of the blocks sew them together in pairs with fabric 5 at the top.

You need to make 10 blocks in total.

### Making up the quilt.

Lay out all of the pieces as in the main diagram.

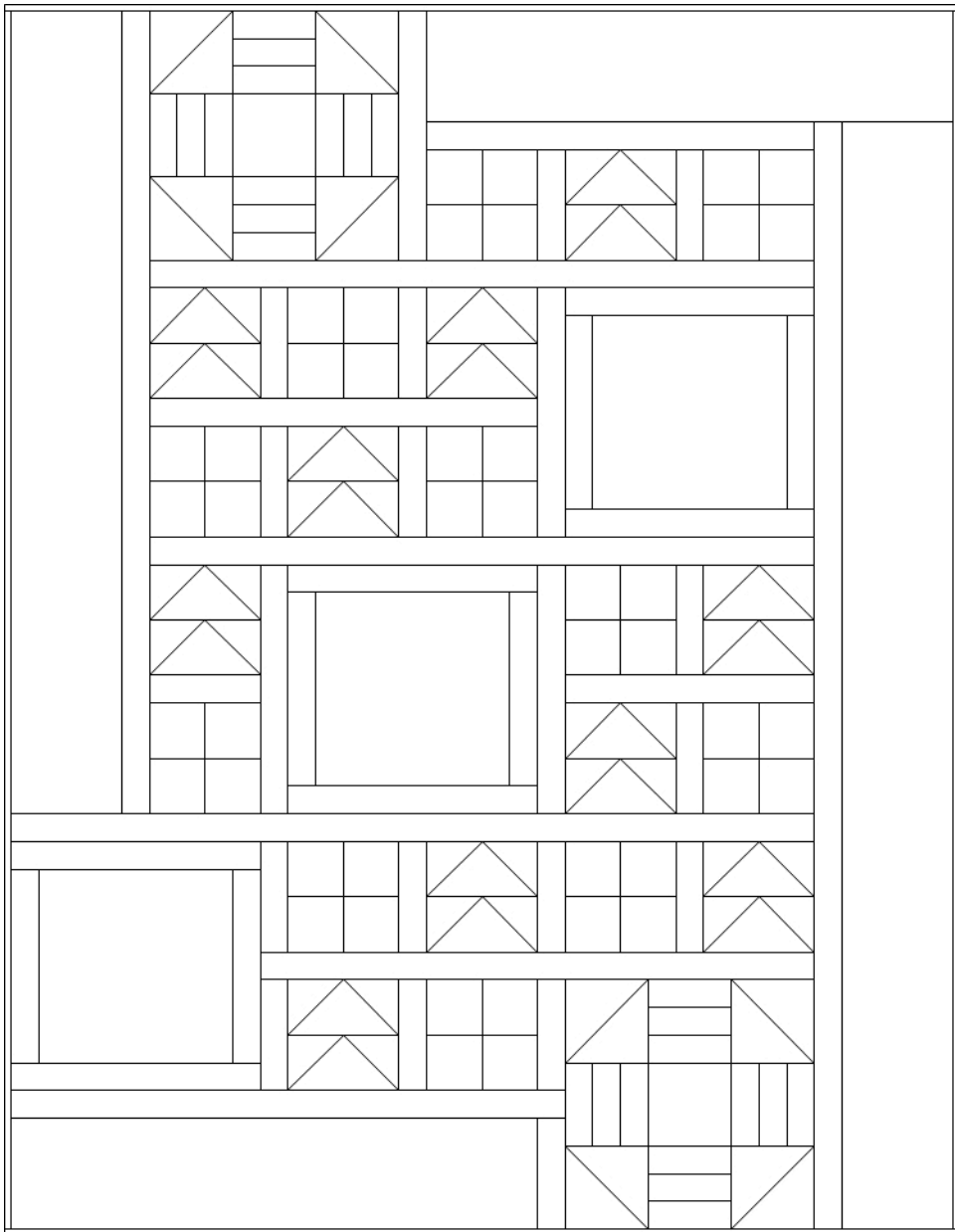
The small blocks can be joined together into groups of two and three to form rows, remembering to place sashing between each block. You can then start to join the rows together along with some of the bigger blocks. In several instances you will need to inset pieces.

You can now appliqué the hearts, spacing them evenly around the plain panels of the quilt. Blanket stitch or satin stitch around the edge of each piece. It will help to refer to the picture.

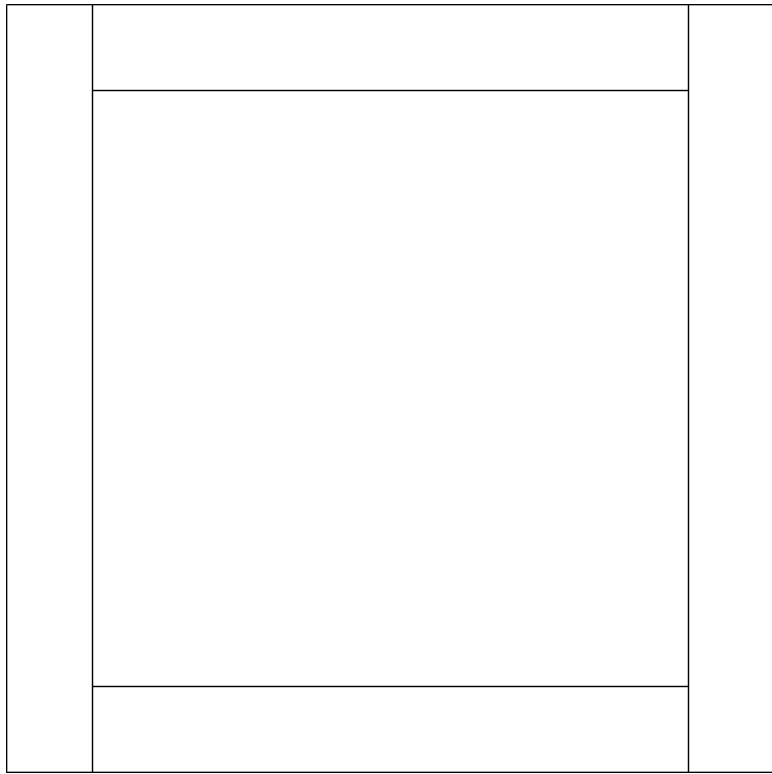
Once the top layer is fully assembled, sandwich together the quilt top, wadding and the backing.

You can quilt by hand or sewing machines.

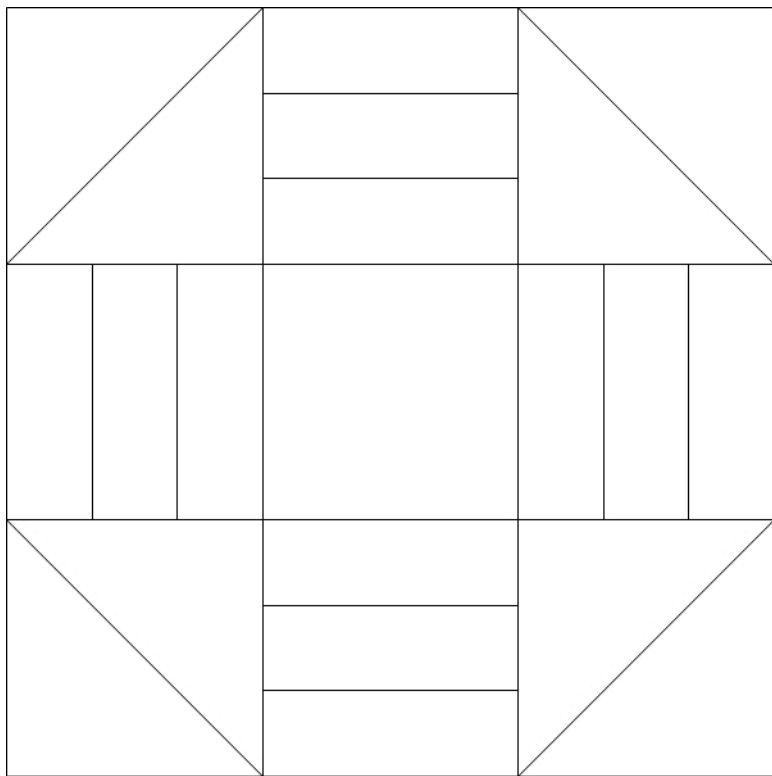
Make your binding from fabric 9 and add this to the quilt to complete.



*Main diagram*

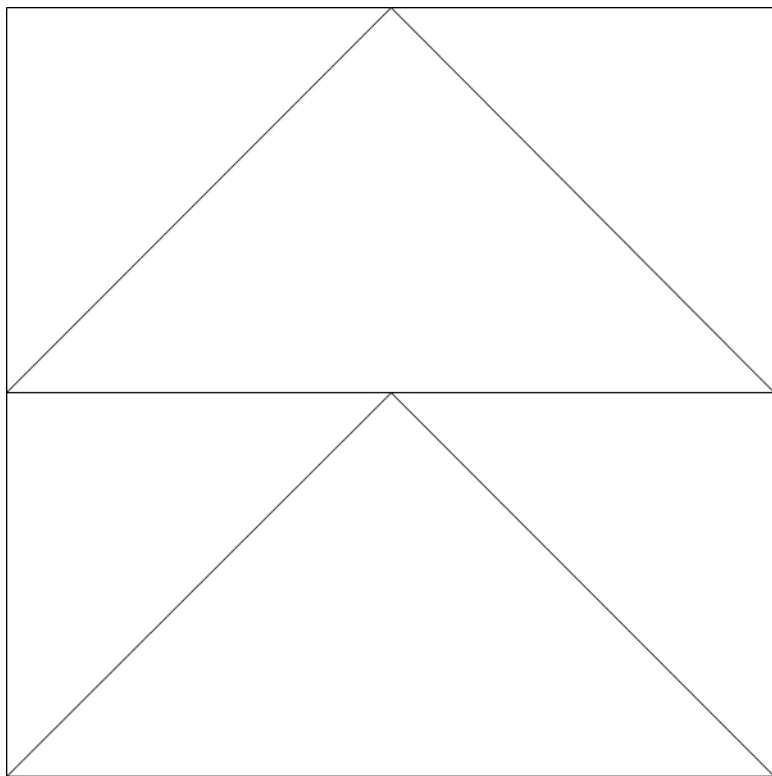


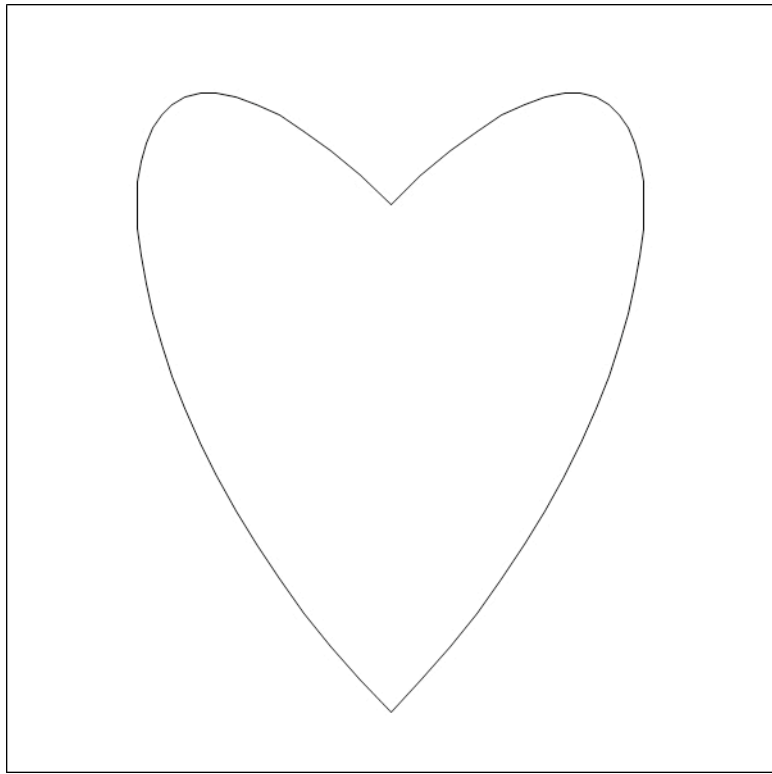
*block 1*





*block 3*





*The heart needs to fit inside a 3" square*